

Counselor's Corner

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Truths for Living

I love working with middle school students. They're old enough to have an educated conversation with you but not so old that they think they have all the answers. They are the perfect age to be introduced to what I like to call "truths for living." These are sayings, some familiar and some new, that are worth being read, pondered, and repeated until they become a permanent part of each child's way of thinking and behaving. Your middle schooler's FLEX lesson last week introduced these "truths for living." I hope you'll take a few minutes to sit down and ask your child about this lesson.