

Counselor's Corner

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Random Acts of Kindness

Our Random Acts of Kindness month begins tomorrow here at BMS, and our middle school students will have many opportunities to show their COMPASSION. We will be bringing back our 3rd-Party Compliment Box, which allows students to send a compliment to a teacher, friend, or classmate. Students will be able to join me for "Sidewalks of Encouragement" where we will write encouraging words with chalk on our entry sidewalks. We will celebrate "Speak Life Day," where students will speak and display words of encouragement around our building, and we will learn about the practice of "paying it forward." One of our goals throughout this month is to help our students understand that Kindness can Unite Us and that kindness is like a boomerang — if you give it away, it always manages to come back to you. If you would like to expand upon what we're doing here at school, I recommend the "Random Acts of Kindness" website. It has many inspiring stories and videos that can help you guide your family into a lifestyle of "paying it forward" with "Random Acts of Kindness."