

Counselor's Corner

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Great Advice for MS Students

This was last week's FLEX lesson. I hope that our students absorbed at least part of it. Feel free to print this and display it as a reminder for your middle schooler.

1. **Always be polite** and use your manners (this will never work against you).
2. **Express your love** verbally by telling them every day, "I love you Mom; I love you Dad" (the key to making this work is being sincere).
3. Take care of what you have and **don't complain** about what you don't have (this could ruin everything you've been working for).
4. **Be a great example** to others...we need life heroes.
5. **Respect your parents** and don't talk back (definitely don't talk back...this could be a big deduction).
6. Never expect your mom and dad to give you stuff (they don't owe you). Instead, learn to **be a giver** yourself.
7. **Be understanding** if your parents can't take you where you want to go all the time. Sometimes they are busy or just get really tired (they'll be so relieved).
8. **Be there** for your parents when they are hurting.
9. **Have the kind of friends** that will make your parents proud.
10. Take every opportunity to **say "Thank you"** (parents can never hear this too much, so make sure these 2 words are part of your everyday vocabulary).
11. **Be a good student** (it's a reflection on them, you know).
12. **Let sweetness** come out of you. Always.
13. **Speak highly** of your family wherever you go.
14. **Do what you are asked to do** the first time without complaints (another big shocker...lots of points for this one).