

Dear Parent,

As part of our school's developmental guidance program, some students are invited to visit with the counselor individually. They may be referred for counseling by a teacher, principal, parent, or as a self-referral. The purpose of this counseling is to help equip the student with skills that will assist them in being more productive and well adjusted to the school environment.

The individual counseling sessions may include role-playing activities, reading and discussing information on a particular situation, brainstorming ideas, learning problem-solving techniques, introducing study skills, encouraging positive coping skills, and talking through challenges that the child may be facing. These activities are designed to help the student be more successful in the school setting.

Your child, _____, has been referred for individual counseling sessions. Confidentiality of personal information will be respected. Counseling will be scheduled at a time that will not interfere with your child's academic progress.

If you have any questions or specific concerns, feel free to call me at 499-4613. I look forward to working with your child. Please sign and return the form below to allow your child to participate in individual counseling at various times through this school year.

Sincerely,

Karma Hance
School Counselor

I would like for my child, _____, to receive support in the school setting through participation in individual counseling.

Parent/Guardian

Date

Please write your concerns or a goal you would like us to work toward during counseling in the space below! Thanks!